

## **Scandinavian specialist training in movement disorders 2020 – 2024 (originally 2020- 2022)**

### **Training Objectives**

ScandMODIS hereby announce a new 3 year course for Scandinavian specialists' training in movement disorders from 2020-2022. The announcement is aimed at newly educated consultants in neurology, who want to sub-specialize in movement disorders and who are recommended for this education by the department where they are employed.

The program extends over 3 years with a total of 6-7 courses of 2-3 days duration at neurological departments in Denmark, Norway, Finland and Sweden. The courses will be based on patient demonstrations, but also the practical organization of the examination and treatment of patients with different movement disorders will be covered.

Course participants are expected to be able to perform specialist functions at highly specialized departments for movement disorders after completing the course, or to be responsible for the sub-specialty in the non-specialized department.

ScandMODIS are proud to present a new course from the start of 2020 and are calling for new participants.

### **Criteria for participation**

The course series is aimed at younger consultants in neurology with documented interest in movement disorders. The course series is set up in the Scandinavian countries with application to the national societies for movement disorders. When applying, there must also be a recommendation and acceptance from the department, where you are employed.

### **Course 1 in Stockholm - week 4, 2020**

- Parkinson's disease
- Basal ganglia physiology / pathophysiology
- Neurological examination at specialist level
- Medical treatment of the non-fluctuating patient
- Treatment of motor symptoms in the fluctuating patient
- Duodopa treatment with demonstration of patients and the organization of the clinic

*Due to Covid the following courses have been delayed.*

### **Course 2 in Copenhagen week 45, 2021**

- Parkinson's disease
- Clinical and paraclinical examination (SPECT, PET, MR, lumbar puncture)
- Genetic investigation
- Apomorphine treatment with demonstration of patient and of organization of the clinic
- Treatment of non-motor symptoms
  - Autonomic symptoms
  - Sleep Disorders

### **Course 3 in Aarhus during fall 2022 (originally: week 5, 2021)**

- Parkinson's disease
- DBS treatment with demonstration of patients and organization of the clinic
- Treatment of non-motor symptoms
  - Depression - other mental symptoms
  - Dementia
  - Dopamine dysregulation syndrome

### **Course 4 in Oslo xx (originally: week 39, 2021)**

- Dystonia
  - Clinical examination
  - Investigation program (MR, SPECT, PET, genetics)
  - Treatment of generalized dystonia
  - Treatment of focal dystonia and spasticity
- Essential tremor
  - Pathophysiology
  - Clinical examination
  - Treatment

### **Course 5 in Gothenburg xx (originally: week 5, 2022)**

- Atypical Parkinsonian syndromes
- MSA, PSP, CBD, DLB
- Clinical examination, investigation program, treatment and organization of a specialist unit.

### **Course 6 in Lund xx (originally: week 39, 2022)**

- Tourette
- Huntington's chorea
- Wilson's disease
- Ataxias
- Rare movement disorders
- Psychogenic movement disorders

Eventually a seventh course will be held in Finland.

### **Number of participants**

We expect the following number of participants from each country: Denmark - 5, Finland - 5, Norway - 5, Sweden - 7 and Iceland - 1. Applications must be sent to the National Movement Disorder Society, that will ensure the prioritization of the participants.

**Economy**

Expenses for each course is covered by the arranging department.

Travel and accommodation expenses for each participant are covered by the National Movement Disorder Society or the department where the participant is employed.

Salary during the courses are covered by the department where the course participant is employed.

**Language**

The courses will primarily be held in Scandinavian language with slides in English.